



Board of Directors

Hybrid Meeting Agenda

December 8th, 2022

**Board of Directors Members Present
in Person:**

**Board of Directors Members Present
Virtually:**

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Revisions to the Agenda** – Chair
- 3. Approval of the November 10th, 2022, Minutes, Motion #22-63** – Chair.....
Attachment
- 4. Comments & Announcements from the Chair**
- 5. Reports from Members**
- 6. Comments from the Public**
- 7. Report from the Advisory Board** (Available at Meeting) Attachment
- 8. Report from the Finance Officer** (Available at Meeting) Attachment
- 9. Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda (Available at Meeting)Attachment
Motion #22-64

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1st, through November 30th, in the amount of \$.
- Payroll for the month of November in the amount of \$ and associated employer benefits in the amount of \$.

10. Action Items

For Board Approval

North Sound BH-ASO 2023 Recommended Operating BudgetAttachment
[https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget with%20COLA final.pdf](https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget%20with%20COLA%20final.pdf)

▪ **Motion: #22-65**

To approve the North Sound BH-ASO 2023 Operating Budget

North Sound Re-Stated Interlocal Agreement

▪ **Motion: #22-66**

The North Sound BH-ASO attorney will draft and submit to the member counties a proposed amendment to paragraph 7.7 of the Restated Interlocal Agreement allowing Board members to attend and vote at Board meetings by video conference or otherwise acceptable electronic means

Contracts

The contracts below fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.

- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/Federal Block Grant (Mental health and Substance use) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

- K- is providing the GF-S funding for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant funds for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

Motion #22-67

- HCA-NS BH-ASO-K-- providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through June 30, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through September 30, 2023. The contract term is January 1, 2023, through December 31, 2025.

GF-S Mandatory Services

The following contracts are providing mandatory/proviso behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, Child/Youth Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services (E&T) Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Evergreen Recovery Centers
 - Homeless Outreach Stabilization Team (HOST)
- Snohomish County Superior Court

- Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #22-68

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Federal Block Grant (FBG) Priority Services

The following contracts are providing priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County

- Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-69

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/Federal Block Grant Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project
- WCHS-Bellingham Treatment Solutions
 - Medication Assisted Treatment (MAT)

Motion #22-70

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

11. Introduction Item

Proposal to Authorize the NS BH-ASO to provide specified administrative support to the new North Sound Regional Opioid Abatement Council (OAC)

12. Draft Report from the Executive Director

(Remaining Attachments Available at Meeting)

13. Adjourn

Next Meeting: January 12, 2023



Board of Directors

Hybrid Meeting Minutes

November 10th, 2022

Board of Directors Members Present in person:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Human Services, designated alternate for Dave Somers; County Executive, Snohomish County
- **Jill Johnson**, Commissioner, Island County
- **Sam Low**, County Council; Snohomish County
- **George Kosovich**, Public Health, designated alternate for Peter Browning, Commissioner; Skagit County

Virtual:

- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- **Barbara LaBrash**, Human Services Manager, designated alternate for Cindy Wolf, County Council Member; San Juan County
- **Perry Mowery**, Behavioral Health Supervisor, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- **Kathy Kershner**, County Council; Whatcom County
- **Lynda Austin**, Human Services, designated alternate for Commissioner Jill Johnson, Island County

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

- o **Joe Valentine**, Executive Director, North Sound BH-ASO
- o **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- o **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- o **Charles DeElena**, Business Improvement Manager, Compliance Officer, North Sound BH-ASO
- o **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

Jason Cummings
Amy Vera
Karen Frakes
Joe Fuller
Rose Dennis
Greg Banks

Call to Order and Introductions – Chair

The Chair called the meeting to order and initiated introductions of the members in attendance both in person and on-line (via Zoom)

Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda, there were none

Approval of the October 11th, 2022, Minutes, Motion #22-61

Sam Low moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, motion #22-61 carried

Comments & Announcements from the Chair

The Chair noted that he would be leaving the meeting at 2:30 today and the Vice-Chair would finish leading the meeting

Reports from Members

Board members gave behavioral health updates from their respective counties

Comments from the Public

There were no comments from the public

Recommendation from North Sound Prosecuting Attorneys regarding Distribution of Opioid Settlement Funds- North Sound Prosecuting Attorneys (Jason Cummings)

Jason Cummings, a Snohomish County Deputy Prosecuting Attorney, in conjunction with the other North Sound County Prosecuting Attorneys, presented a proposed plan for management of the Opioid Settlement Funds to be presented to the five North Sound counties.

Their recommendation included a role for the North Sound BH-ASO to provide administrative support by including a hyper-link on the BH-ASO's website which would route viewers to the respective county and city websites regarding the usage of the opioid funds from the settlement. It was also proposed that the North Sound BH-ASO would provide administrative support to the region's Opioid Abatement Council (OAC). This might include utilizing the BH-ASO's conference room and/or Zoom platform to for the OAC to use for their meetings, and to take minutes during the meetings and keep them on record for distribution as needed.

The Prosecuting Attorneys will present draft wording for an Interlocal agreement to be signed by all five counties to support this plan at the next Board of Directors meeting.

It was also noted that the BH-ASO could invoice the counties monthly to cover their administrative costs.

The elected official board members from all five counties were in favor of the recommendation regarding the BH-ASO's role, although no formal vote was taken

Report from the Advisory Board

Pat O'Maley Lanphear, North Sound BH-ASO Advisory Board Chair, gave the report from the Advisory Board and answered questions

Report from the Finance Officer

Joe Valentine gave the Report from the Finance Officer and answered questions

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

Consent Agenda

Motion #22-62

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from October 1st, 2022, through October 31st, 2022, in the amount of **\$3,975,021.45**.
- Payroll for the month of October in the amount of **\$168,486.58** and associated employer benefits in the amount of **\$87,949.37**.

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, Motion # 22-62 carried

The G&O Committee has asked the ASO attorney to draft language amending the Inter-local Agreement to allow for voting using a virtual platform

Introduction Items

- The Vice Chair noted the Public Hearing for the North Sound BH-ASO 2023 Proposed Operating Budget opened at 2:32 p.m.

North Sound BH-ASO Proposed Budget Hearing

https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Proposed%202023%20Budget_with%20COLA_final.pdf

Joe Valentine gave an overview of the North Sound's 2023 Proposed Operating Budget. A question-and-answer session followed.

The Vice Chair asked if there were any comments from the public regarding the North Sound BH-ASO 2023 Proposed Budget. There were none

- The Vice Chair noted the Public Hearing closed at 2:37 p.m.

Introduction Motions

The contracts being introduced this month fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2023, through December 31, 2023, the contract term is January 1, 2023, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/Federal Block Grant (Mental health and Substance use) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

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Health Care Authority

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Motion #XX-XX

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GF-S Mandatory Services

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- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Evergreen Recovery Centers
 - Homeless Outreach Stabilization Team (HOST)
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 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Snohomish County-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Skagit County-Interlocal-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Federal Block Grant (FBG) Priority Services

The following contracts are providing priority Services:

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 - Certified Peers on Mobile Crisis Teams
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- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team and Skagit & Whatcom HARPS subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #XX-XX

- NS BH-ASO-Brigid Collins-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-CCS NW-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract
- NS BH-ASO-Snohomish County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23-25 to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/Federal Block Grant Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services

- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project
- WCHS-Bellingham Treatment Solutions
 - Medication Assisted Treatment (MAT)

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23-25 23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23-25 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-WCHS-Bellingham Treatment Services-ICN-23-25 to provide the funding for Medication Assisted Treatment services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

The introductory motions listed above were reviewed and questions were answered. It was noted that action will take place during the December 8th, 2022, meeting.

Report from the Executive Director

Joe Valentine gave an overview of the Report from the Executive Director and referenced the accompanying attachments. Below are the topics:

- BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL -DISCUSSION ON NETWORK ADEQUACY
- RECOVERY NAVIGATOR PROGRAM
- EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD
- CRISIS SERVICES UPDATE
- UPDATE ON BALANCED BILLING ACT – HB 1688

- NEW NORTH SOUND BH-ASO POSITION OPENINGS POSTED
- END OF STATE COVID EMERGENCY ORDER
- OCTOBER PROVIDER BULLETIN

Adjourn 2:59 pm

Next Meeting: December 8th, 2022

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2023 North Sound BH-ASO Proposed Operating Budget Overview

Presented by:
Joe Valentine, Executive Director

Agenda

- Budget Highlights
- Key Events
- 2023 Strategic Goals
- Revenues and Expenditures 2022 vs. 2023
- Revenue Forecast
- 2023 Organizational Chart

Budget Highlights

- 2023 will be our 4th year of operation as a BH-ASO
- Administering the Crisis Services system continues to be our core responsibility
- Over the last two (2) years the legislature has added new programs to expand the scope of non-Medicaid services
- COVID relief related federal block grant funds allowed us to expand and provide other new services
- Continued roll out of the 988 line and the other crisis services enhancements established by HB 1477 will also be a major priority

Key Events

- Implemented and put contracts in place for new programs:
 - Recovery Navigator
 - Community Behavioral Health Rental Assistance
 - Children, Youth, and Family Crisis Teams
 - Homeless Outreach Stabilization Team
- Continued expansion of “co-responder” teams: Whatcom, Skagit, Mt. Vernon, Island, Snohomish County

Key Events

- Continued the Diversity, Racism, Equity, and Inclusion project. Most of the training has been completed, work on strategic plan begun
- Provided start-up funding to support a new behavioral health clinic in Mt. Vernon operated by Consejo Counseling and Referral Services
- Provided start-up funding to assist with the opening of a new Evaluation & Treatment Facility in Sedro Wooley
- Contracted for an updated behavioral health needs assessment

Key Events

- Provided an update presentation on BH-ASO programs and services to all 5 County Councils and Commissions
- Successfully passed the annual Team Monitor Review by HCA
- Re-opened the North Sound BH-ASO office for staff to work on site and began to hold on-site team meetings and hybrid meetings for the Advisor Board and Board of Directors

2023 Strategic Goals

1. Remain fully compliant with the HCA-BH ASO Contract
2. Support continuous process improvement of the Crisis Services System
3. Implement the updated Quality Management Plan
4. Support regional and state planning efforts to improve access to care for behavioral health services
5. Develop and implement a plan to address social equity and systemic racism
6. Advocate for funding to meet the behavioral health needs of all at-risk persons

Revenues & Expenditures

2022 vs. 2023

BUDGET	REVENUES	EXPENDITURES
2022 ADOPTED	\$38,951,174	\$38,951,174
2022 PROJECTED	\$42,291,833*	\$37,020,345
2023 PROPOSED	\$43,365,760	\$43,365,760

*Includes (1) revenue allocated in 2021 but not received until 2022, and (2) funds for new programs where there was a delay in start-up

Revenue Forecast

REVENUE SOURCE	2022 ADOPTED	2023 PROPOSED
Mental Health Block Grant	3,278,880 (1)	2,458,494
Substance Abuse Block Grant	5,330,865 (1)	4,679,433
Other Federal Grant [HRSA]	333,333	333,333
MCO Medicaid PMPM	5,102,632	8,751,820
State General Fund	15,186,567	15,742,824
State Provisos	9,706,397	11,389,856
Investment Interest	3,500	10,000
TOTAL REVENUE	38,951,174	43,365,760

(1) Initial 2022 FBG allocations included more than 12 months

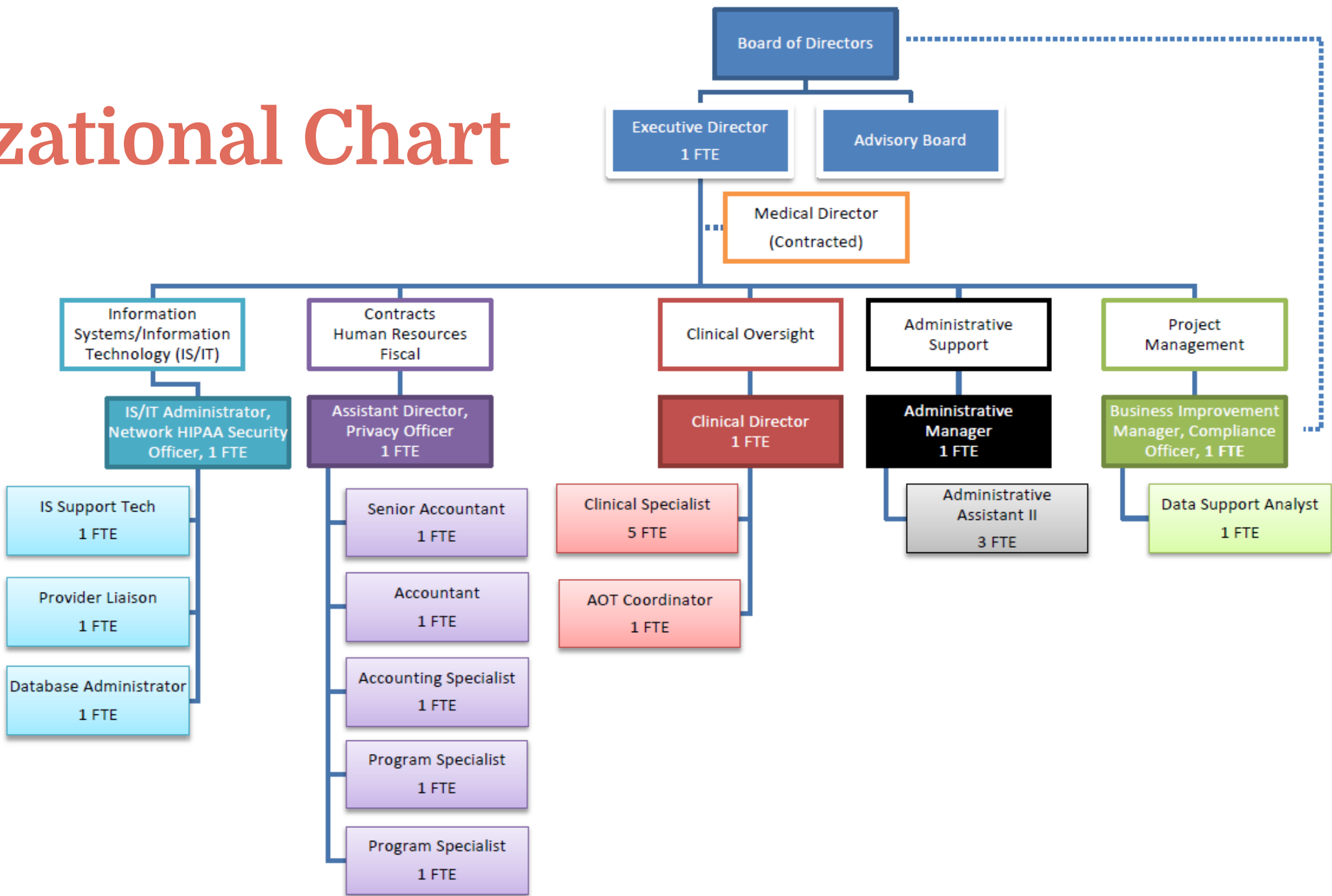
Expenditure Detail

CATEGORY	2022	2023	Difference	Percent	Notes
Salaries & Benefits	3,163,633	3,556,086	392,453	12.41%	Addition of 2 FTE
Other Administrative (1)	1,188,989	870,182	(318,807)	(26.81%)	Reductions in administrative reserve and professional services
Total Administration	4,352,622	4,426,268	73,646	1.69%	15% Admin limit = 6,129,801
Behavioral Health Services (2)	34,598,552	38,939,492	4,340,940	12.55%	Increased revenue (see previous slide)
TOTAL	31,338,766	43,365,760			

(1) Includes Advisory Board

(2) Includes Hospital Inpatient

2023 Organizational Chart





Empowering individuals and families to improve their health and well-being.

Serving Island, San Juan, Skagit, Snohomish and Whatcom Counties

1. NORTH SOUND BEHAVIORAL HEALTH NEEDS ASSESSMENT

- In June, 2022, the North Sound BH-ASO Board of Directors approved a contract with the Cumming Management Group [in partnership with Percival Health] to update the original 2017 Behavioral Health Needs Assessment.
- The original needs assessment focused primarily on facility-based services. At the direction of the Board, the BH-ASO updated the scope of work to include outpatient services as well and the Percival Health became the lead for this new project.
- Percival Health collected utilization data, demographic data needs surveys collected from a variety of stakeholders.
- A draft of the Executive Summary is attached. [Attachment 1]
- We will be presenting the final report at the January Advisory Board and Board of Directors meetings.
- I will be proposing that an ad-hoc workgroup of County Coordinators and Advisory Board Members be formed to develop recommendations based on the report.

2. CLOSURE OF PIONEER CENTER NORTH

- Pioneer Human Services has notified us that it will be closing Pioneer Center North effective January 31, 2023. [see letter – Attachment 2]
- They will cease admitting new clients as of December 1, 2022 and will notify current clients as of that date.
- Admitted clients will continue to receive treatment through January 31, and will discharge or transfer admitted clients on that date.
- They will continue to operate their other existing facilities.

3. EXTENSION OF COVID RELIEF FEDERAL BLOCK GRANT FUNDS EXPENDITURE PERIOD

- CMS has agreed to extend the period the state can use the COVID relief Substance Abuse Block Grant funds in addition to Mental Health Block Grant funds through September 2023.
- The state anticipates receiving the next round of Block Grant Relief Funds – American Rescue Act funds – in July. They will allow the state and regions to continue to fund programs funded with the COVID relief funds.
- The North Sound BH-ASO however, will review the level of actual utilization of these funds and will recommend changes to better align with emerging needs and the capacity to sue these funds.

4. CRISIS SERVICES UPDATE

- The Weekly Crisis Capacity Indicator snapshot through November 26 is attached [Attachment 3].
- Also attached is the monthly Dashboard [Attachment 4].

5. UPDATE ON BALANCED BILLING ACT – HB 1688

- The state workgroup developing recommendations for the method by which commercial health carriers will reimburse providers of emergency behavioral health services has submitted its recommended plan that will be transmitted to the legislature.
- Under this proposal, the ASOs would collect the encounter data from providers of mobile crisis outreach services and report it to the commercial carriers. ASOs would continue to reimburse the providers at the normal rate and collect the resulting reimbursements from the commercial carriers.
- The proposed plan recommends that the new process would be implemented by January 2024. In the meantime, however, commercial carriers must accept and process “fee for service” claims as out of network services if providers so choose to bill them.
- Commercial carriers must also reimburse services provided in crisis stabilization facilities, but the plan calls for facilities to bill commercial carriers directly for these services.

6. BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL - DISCUSSION ON NETWORK ADEQUACY

- The Behavioral Health Services Coordinating Council [BHSCC] workgroup on “network adequacy” continues to meet and refine its recommendations regarding strengthening the requirements for MCOs to ensure “network adequacy” and improve access to care.
- The plan is to improved standards, measurements, and accountability to be included in the next round of Integrated Managed Care contracts for January, 2025.
- In support of this effort, HCA staff is working on a grid detailing the various state efforts underway to better measure and monitor access to care, including the work on several legislative provisos such as the “rural behavioral health timely access study”.
- The next meeting of the workgroup is on December 12.

7. UPDATE ON WORKFORCE DEVELOPMENT STRATEGIES

- We have requested an update summary from HCA on the status of state led workforce development strategies, including the status of efforts authorized by last year’s legislature.
- The funding for additional strategies may be included in the Governor’s 2023 budget request which may be out next week.

8. MOUNT VERNON POLICE CO-RESPONDER PROJECT

- We received a progress report from the Mount Vernon police on the status of the co-responder project that we are funding with a combination of Proviso and Block Grant funds. This project is formally titled as the Mount Vernon “Integrated Outreach Services.”
- Two of the four positions have been hired and on-boarding begun.
- Attached is a report on some of their early accomplishments. [Attachment 5]

9. NEW NORTH SOUND BH-ASO FISCAL APPOINTMENT

- We have filled the newly created positions of Accountant. Kimberly Nakatani will be joining us on December 1. She has extensive experience with fiscal operations.

10. END OF STATE COVID EMERGENCY ORDER

- The Governor’s COVID Emergency Declaration ended October 31. Our Attorney has researched our options for continuing to use a “hybrid” model for Board of Director meetings under the Open Public Meetings Act.
- The OPMA requires that meetings be open to the public and available for public comment. Meetings that include a link for virtual participation can meet this requirement, however, the North Sound BH-ASO LLC’s own by-laws only allow for voting in person.
- The Governance and Operations Committee has recommended that these by-laws be changed to also allow for voting on the virtual platform as well. The North Sound BH-ASO will be drafting the proposed language for the change.



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North Sound BH-ASO Fall 2022 Assessment

Executive Summary

Contents: Exec Summary and Full Report

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Demographics

Recent Volume
Trends and
Projected
Growth

Survey
Results

Provider
Inventory

Inpatient
Bed
Need
Analysis

Outpatient
Service
Analysis

Full report in development:

- ***Draft shared with NSBH-ASO (40+ pages)***
- ***Executive Summary/High Level Findings Shared Here***

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Current and Projected Demographics: Summary

Demographic Forecasts Overview:

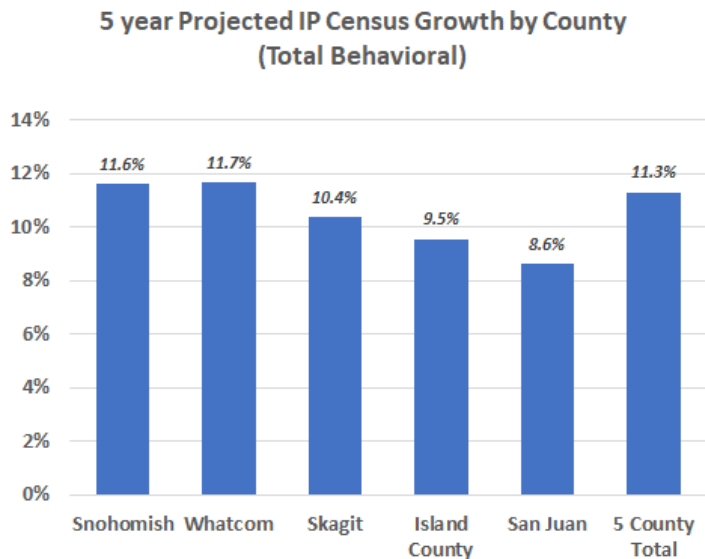
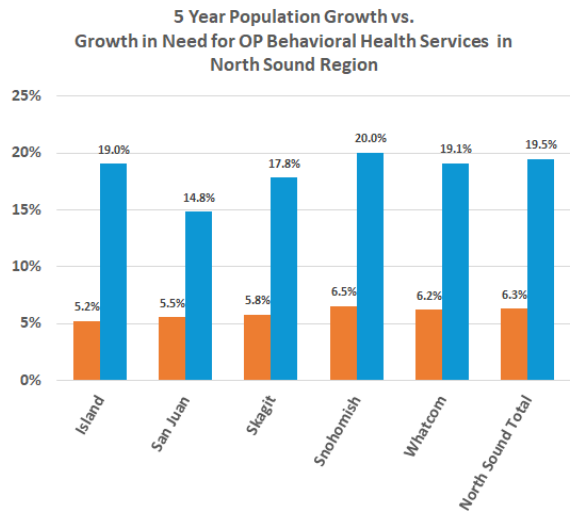
County	Population Growth by County				
	Total Population		5 Year Growth		
	2022	2027	No.	%	CAGR
Island	87,561	92,137	4,576	5.2%	1.0%
San Juan	17,745	18,727	982	5.5%	1.1%
Skagit	135,186	143,000	7,814	5.8%	1.1%
Snohomish	846,950	902,089	55,139	6.5%	1.3%
Whatcom	233,236	247,668	14,432	6.2%	1.2%
Total North Sound	1,320,678	1,403,621	82,943	6.3%	1.2%

Age Cohort	5 County Population Growth by Age Cohort				
	Total Population		5 Year Growth		
	2022	2027	No.	%	CAGR
0-17	280,722	294,521	13,799	4.9%	1.0%
18-44	475,579	485,127	9,548	2.0%	0.4%
45-64	330,469	341,183	10,714	3.2%	0.6%
65+	233,908	282,790	48,882	20.9%	3.9%
Total North Sound	1,320,678	1,403,621	82,943	6.3%	1.2%

Maps in the full report show much of this visually

- ▶ Medicare population (age 65+) will grow 20%+ over next 5 years
- ▶ The total numbers of **uninsured and Medicaid recipients is forecast to be fairly static** over the next several years – with declines in some areas
- ▶ **Growth in the pediatric population overall will be moderate** in coming years
- ▶ From an **absolute perspective, overall population growth will be concentrated in western Snohomish County**; From a **percentage perspective, overall population growth will be seen in pockets throughout the region – notably many island communities**
- ▶ The proportions of the population that are uninsured or Medicaid recipients increases as one moves north across the region

Recent Trends and Projected Growth: Summary



- ▶ A complete picture of recent trends in volume for crisis mental health services is difficult to paint given the lack of volume data made available by the Medicaid MCOs. **Available data for the last couple years from NSBH-ASO suggests overall increases in crisis services volumes** although the data is somewhat volatile.
- ▶ Survey Respondents indicate that recent volumes have shown increases and respondents are considering this **“the new normal”**
- ▶ **Overall growth and aging of the population suggests that the need for both inpatient and outpatient behavioral health services will increase at a higher rate than the population itself:**
 - Growth in **outpatient behavioral health modalities is projected to increase 15%+** across services over the next 5 years.
 - **Growth in inpatient behavioral health modalities is projected to increase ~10%** over the next 5 years.

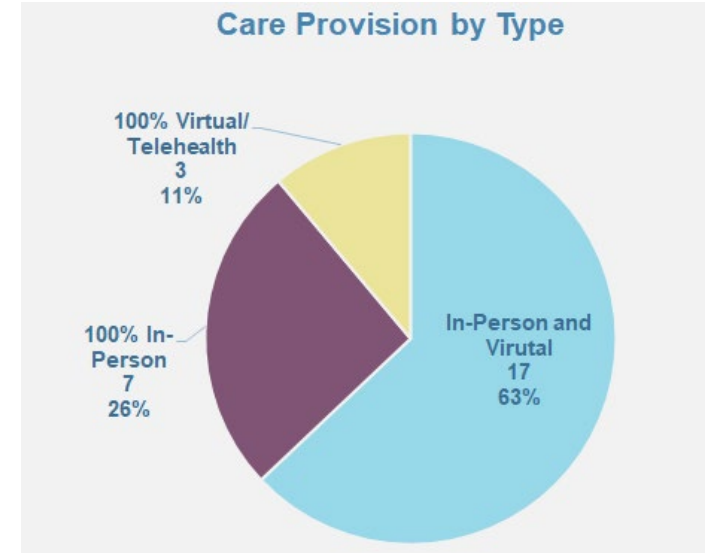
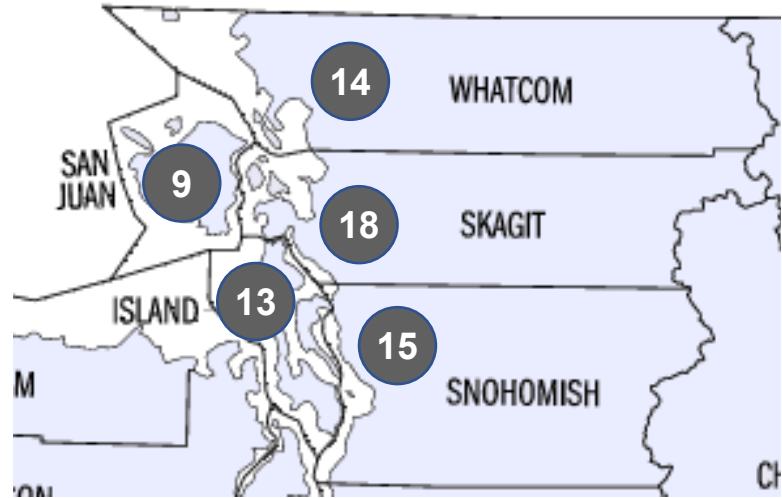
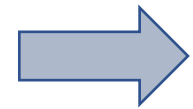
Stakeholder Survey: Summary

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27 Respondents

Counties Served by Respondent:

(Respondents could select more than one geography)



Key Themes:

- ▶ **Staffing, Staffing, Staffing:** staffing across all levels/licensed clinician staffing
- ▶ **Inpatient/Residential Bed** available is frequently mentioned
- ▶ **SUD Service Expansion**
- ▶ Other needs mentioned by survey recipients included: **Outpatient service availability, transitional housing options, care coordination/follow up**
- ▶ **Transition to Medicaid MCOs** has generally added unwanted complexity to system

Provider Inventory: Summary

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Key Themes:

- ▶ Provider profile very different county-to-county in the North Sound Region
- ▶ Some areas are clear destinations for care; some areas show relatively little available services
- ▶ Maps created with facility profiles – shown in full report

Island

- ▶ Island County has no Inpatient Facilities
- ▶ OP facilities are concentrated in Oak Harbor and Coupeville

San Juan

- ▶ San Juan County has no IP Facilities
- ▶ OP facilities on three different islands

Skagit

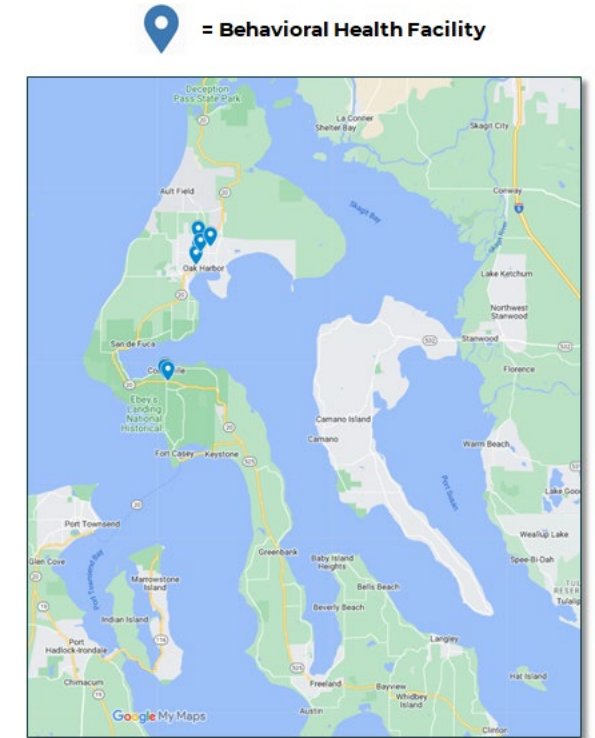
- ▶ Behavioral health facilities are predominantly centered on I-5 Corridor with others along Rte 20 from Sedro-Wooley to Anacortes

Snohomish

- ▶ There are a larger number of facilities in Snohomish County (reflecting its larger population)
- ▶ Facilities are distributed geographically across the county

Whatcom

- ▶ IP/OP behavioral facilities are concentrated in and around Bellingham with some located North and West



Sample Map (Island County)

Inpatient Bed Need Analysis: Supply vs. Demand

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- ▶ There are **currently deficits in both Mental Health and Substance Use Disorder** beds in the 5-County region in total

- ▶ Although demand is projected to grow, the anticipated new beds coming online should largely equalize bed supply and demand for Mental Health, although **Substance Use Disorder will still show deficits**

North Sound - 5 County Region
Inpatient Behavioral Health Supply vs Demand

	Bed Demand		Bed Supply		2022 Surplus (Deficit) Current Demand vs. Current Supply <i>(c - a)</i>	2027 Surplus (Deficit) Future Demand vs. Future Supply <i>(b - d)</i>
	2022 <i>(a)</i>	2027 <i>(b)</i>	Current <i>(c)</i>	Future* <i>(d)</i>		
Mental Health						
Evaluation & Treatment	114.8	126.6	60.0	106.0	(54.8)	(20.6)
Mental Health Triage	52.0	57.2	42.0	90.0	(10.0)	32.8
Subtotal	166.8	183.8	102.0	196.0	(64.8)	12.2
Substance Use Disorder						
Intensive Inpatient	162.3	191.9	123.0	123.0	(39.3)	(68.9)
Long-Term Residential	53.9	63.6	16.0	32.0	(37.9)	(31.6)
Recovery House	62.4	73.7	32.0	48.0	(30.4)	(25.7)
Acute Detox	72.3	85.4	50.0	66.0	(22.3)	(19.4)
Subtotal	278.6	329.3	221.0	269.0	(57.6)	(60.3)
Other						
Pregnant and Parenting Women	25.4	27.9	21.0	21.0	(4.4)	(6.9)
Total	470.7	541.0	344.0	486.0	(126.7)	(55.0)

(a) Estimated for this engagement using bed to population ratios adjusted for anticipated utilization
(b) Estimated for this engagement using bed to population ratios adjusted for anticipated utilization
(c) As provided by NSBHO - includes only currently active beds (as of October, 2022)
(d) Includes projected/approved beds currently expected to come on line over next 2-3 years

Outpatient Service Analysis: Summary - Part 1

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At a high level, the outpatient service analysis suggest the following:

- ▶ For most of the more prevalent services, San Juan, Skagit, and Whatcom Counties are generally near or above the state average in per-capita service availability. However, **the 5-County total is less than the state in nearly every prevalent category.**
- ▶ There are important differences county by county: For example - **Despite having the largest number of services/population, Snohomish County trails Whatcom and Skagit counties in per-capita availability in a number of services** (county level detail provided in full report)

Sample Analysis:

OP Mental Health Services: **5 County Total**

Outpatient Service Inventory	5 County Total		Wash State Total	
	5 County Total	Wash State Total	5 County Total	Wash State Total
Mental Health Services	Number of Centers Who Offer This Outpatient Service		Facilities per 100,000 Population	
✓ Individual Treatment	100	648	7.6	8.3
✓ Group Therapy	91	566	6.9	7.2
✓ Rehabilitative Case Management	78	502	5.9	6.4
✓ Psychiatric Medication and Medication Support	73	470	5.5	6.0
✓ Family Therapy	64	492	4.8	6.3
✓ LRA or Conditional Release Support	55	282	4.2	3.6
✓ Brief Intervention Treatment	50	372	3.8	4.7
✓ Peer Support	46	442	3.5	5.6
✓ Crisis Outreach	19	217	1.4	2.8
✓ Wraparound Facilitation	15	123	1.1	1.6
✓ Problem and Pathological Gambling	9	90	0.7	1.1
✓ Crisis Peer Support	9	111	0.7	1.4
✓ Applied Behavior Analysis (ABA)	9	58	0.7	0.7
✓ Day Support	8	126	0.6	1.6
✓ Crisis Stabilization	4	113	0.3	1.4
✓ Adult Evaluation and Treatment	4	36	0.3	0.5
✓ Voluntary Triage	3	6	0.2	0.1
✓ Crisis Telephone Support	3	136	0.2	1.7
✓ Clubhouse	2	12	0.2	0.2
✓ Involuntary Triage	1	2	0.1	0.0
✓ Youth Evaluation and Treatment	1	8	0.1	0.1

Outpatient Service Analysis: Summary - Part 2

Analysis done at the county-level; sample from Island County shown here

- ▶ There are a number of outpatient services for which Island County has does not have a facility (the dashes in the table at right)
- ▶ In this example, specific services that are relatively prevalent state-wide that Island County has **less availability include Family Therapy and Peer Support**
- ▶ The county-by-county detail provides a good starting point for focusing analysis on service availability

Sample Analysis: OP Mental Health Services in **Island County**

Outpatient Service Inventory	Island County		Wash State Total	
	Island County	Wash State Total	Island County	Wash State Total
	Number of Centers Who Offer This Outpatient Service		Facilities per 100,000 Population	
Mental Health Services				
✓ Individual Treatment	6	648	6.9	8.3
✓ Group Therapy	6	566	6.9	7.2
✓ Rehabilitative Case Management	7	502	8.0	6.4
✓ Psychiatric Medication and Medication Support	5	470	5.7	6.0
▶ ✓ Family Therapy	3	492	3.4	6.3
✓ LRA or Conditional Release Support	5	282	5.7	3.6
▶ ✓ Brief Intervention Treatment	4	372	4.6	4.7
▶ ✓ Peer Support	1	442	1.1	5.6
✓ Crisis Outreach	2	217	2.3	2.8
✓ Wraparound Facilitation	-	123	-	1.6
✓ Problem and Pathological Gambling	-	90	-	1.1
✓ Crisis Peer Support	1	111	1.1	1.4
✓ Applied Behavior Analysis (ABA)	-	58	-	0.7
✓ Day Support	-	126	-	1.6
✓ Crisis Stabilization	-	113	-	1.4
✓ Adult Evaluation and Treatment	-	36	-	0.5
✓ Voluntary Triage	1	6	1.1	0.1
✓ Crisis Telephone Support	-	136	-	1.7
✓ Clubhouse	-	12	-	0.2
✓ Involuntary Triage	-	2	-	0.0
✓ Youth Evaluation and Treatment	-	8	-	0.1



PIONEER
HUMAN SERVICES
A CHANGE FOR CHANGE

7440 W Marginal Way S
Seattle, WA 98108

206.768.1990 tel | 206-768-8910 fax
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November 29, 2022

VIA COURIER

North Sound Behavioral Health Organization
Attn: Executive Director
301 Valley Mall Way
Suite 110
Mount Vernon, WA 98273-5462

Re: Notice of Reduction of Residential Treatment Facility Services

To Whom It May Concern,

The purpose of this letter is to provide notice that, effective January 31, 2023, Pioneer Human Services (referenced herein as “PHS” or “We”) will be closing the facility and operations there at the Pioneer Center North (“PCN”) Residential Treatment Facility, 1960 Thompson Drive, Sedro-Woolley, WA 98284. This closure is being effectuated due to, among other things, labor shortages and infrastructure issues at PCN. In order to effectuate the closure without creating undue dislocation to residents, PCN will cease admitting new clients as of December 1, 2022. Aside from the PCN facility, we intend to continue operation of other PHS facilities and services.

We have instituted the following Closure Plan to notify clients and effectuate a safe, orderly, and clinically appropriate transfer or discharge of each client:

- By December 1, 2022, we will notify all existing PCN clients or their designated representative of PCN’s closure in writing and orally. We will assist clients, their families, and representatives in preparing for closure of the facility.
- Admitted PCN clients will continue to receive treatment at PCN through January 31, 2023. We will discharge or transfer all admitted PCN clients by close of business on January 31, 2023, in accordance with existing PHS policies and procedures. If the client is not discharged per an existing or amended plan of care and provider determination, the client will be transferred to the most appropriate setting possible in terms of quality, services, and location, as available and determined appropriate by the client care team after taking into consideration the client’s individual needs.
- Reasonable measures will be taken to maintain infrastructure and staffing levels in order to maintain PCN’s quality of care until facility closure.

- We do not intend to release any information regarding the facility closure to the media.
- We will store and/or transfer client medical records in accordance with the North Sound BH-ASO - PHS Agreement dated March 29, 2019, and applicable federal and state laws.

Notwithstanding PCN's closure, we intend to continue to operate other PHS facilities under the March 29, 2019 Agreement, and will notify you in the event of any change. We intend to cooperate with you in the discharge or transfer of all PCN-admitted clients affiliated with North Sound BH-ASO.

If you have any questions or concerns about the PCN facility closure, please direct your inquiries to:

- Clint Jordan, Senior Director of Residential Treatment, Clinton.Jordan@p-h-s.com; or
- Hilary Young, Vice President of Advocacy & Development, Hilary.Young@p-h-s.com

Respectfully yours,

DocuSigned by:
Sandra Possin

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Sandra Possin, CFO
Pioneer Human Services